



# 2018-2019 Hockey Power Skating REGISTRATION

Power Skating is designed for the hockey player who is currently playing ice hockey and looking to improve their skating skills. Practices will work on the players' quickness, transitions, crossovers, tight turns, quick starts, backwards skating, proper technique, and edge work. Our goal is to create good habits and proper technique so the players are constantly improving throughout the season.

**SATURDAYS- 8:40-9:40 A.M.**

### 2018-2019 DATES & FEES

- FALL SESSION: (\$150 9wks) August 18<sup>th</sup> to October 13<sup>th</sup>
- WINTER SESSION 1: (\$165 10wks) October 20<sup>th</sup> to December 22<sup>nd</sup>
- WINTER SESSION 2 (\$105 6wks) January 6<sup>th</sup> to February 23<sup>rd</sup> (No 1/20, 2/16)
- SPRING SESSION 1: (\$105 6wks) March 2<sup>nd</sup> to April 20<sup>th</sup> (No 3/16)
- SPRING SESSION 2: (\$105 6wks) April 27<sup>th</sup> to June 1<sup>st</sup>

Join us at any time... drop-in for \$20 per class

- Credit card payment
- Check enclosed, payable to: The Pond

### COACH

**Tom Fritsche - The Pond Asst. Hockey Director and Former Cleveland Monster**

Questions? Contact:

Tom Fritsche

[Fritsche@SkateAtThePond.com](mailto:Fritsche@SkateAtThePond.com)

440 543-3884

VISA / MC, AMEX , DISC	EXP/CVV	AMOUNT
<b>SKATER'S NAME</b>	<b>YEAR BORN</b>	<b>AGE</b>
ADDRESS	CITY	STATE
DAYTIME #	EVENING #	<b>MOBILE #</b>
<b>EMAIL</b>		

In consideration of being allowed to participate in any skating/sports programs and related events at The Pond, the undersigned acknowledges, appreciates and agrees that: The risk of injury from the activities involved in these programs is significant, including the potential for permanent paralysis and death, and while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases (as defined below) or others, and assume full responsibility for my participation. I willingly agree to comply with any rules and regulations of the facility. If, however, I observe any unusual significant hazard in participation, I will bring such hazard to the attention of the earnest official immediately. I, for myself, and on behalf of my heirs, assigns, personal representatives and next-of-kin, hereby release and hold harmless The Pond and their managers, officers, employees and advertisers (collectively "releases"), with respect to any and all injury, disability, death or loss or damage to person or property, whether arising from the negligence of the releases or otherwise. I have read the release of liability and assumption of risk agreement, fully understand its terms and understand that I have given up substantial rights by signing it freely and voluntarily without any inducement. This venue is monitored by video cameras for security, safety and commercial purposes. Participants waive any claim relating to the capture or public transmission of his/her participation while at the venue.

PARENT/GUARDIAN \_\_\_\_\_ DATE \_\_\_\_\_

\$PROGRAM FEE	+SKATE RENTAL	-DISCOUNT	=TOTAL	CASHIER
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Chagrin Falls, Ohio 44023  
440 543-3884  
[www.SkateAtThePond.com](http://www.SkateAtThePond.com)