



CHECKING CLINICS 2019

REGISTRATION

The Pond is pleased to provide a checking clinic for Pee Wee and Bantam players. Checking is a huge part of the game and this clinic will cover angling, body contact and body checking which will help players this upcoming season.

What will the players learn/work on?

*During this clinic the players will be taught the proper way to deliver a body check. We will practice along the boards & open ice checking. We will also be covering the proper way to receive a body check. There will be a strong emphasis on technique in order to prevent injury from happening in the future.

Players will be grouped with players in the same age level

- Friday March 1st, 2019
- Friday March 8th, 2019
- Friday March 15th, 2019 OFF
- Friday March 22nd, 2019
- Friday March 29th, 2019
- Friday April 5th, 2019

Time: 6pm to 7pm each Friday

Cost: \$100 for all 5 / Walk on \$25

More Information:

Contact Tom Moores at 440 543-3884 or Tom@SkateAtThePond.com

Credit card payment

Cash

SKATER'S NAME

YEAR BORN

CELL #

EMAIL

VISA / MC #
AMOUNT

EXP

9999 E. Washington Street
Chagrin Falls, Ohio 44023
440 543-3884
www.SkateAtThePond.com

In consideration of being allowed to participate in any skating/sports programs and related events at The Pond, the undersigned acknowledges, appreciates and agrees that: The risk of injury from the activities involved in these programs is significant, including the potential for permanent paralysis and death, and while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releases (as defined below) or others, and assume full responsibility for my participation. I willingly agree to comply with any rules and regulations of the facility. If, however, I observe any unusual significant hazard in participation, I will bring such hazard to the attention of the earnest official immediately. I, for myself, and on behalf of my heirs, assigns, personal representatives and next-of-kin, hereby release and hold harmless The Pond and their managers, officers, employees and advertisers (collectively "releases"), with respect to any and all injury, disability, death or loss or damage to person or property, whether arising from the negligence of the releases or otherwise. I have read the release of liability and assumption of risk agreement, fully understand its terms and understand that I have given up substantial rights by signing it freely and voluntarily without any inducement. This venue is monitored by video cameras for security, safety and commercial purposes. Participants waive any claim relating to the capture or public transmission of his/her participation while at the venue.

PARTICIPANT

SIGNATURE

DATE